

FACE time

BEVERLEY AIREY STARTED TO HATE HER OWN REFLECTION AFTER FRIENDS KEPT TELLING HER SHE LOOKED TIRED. NOW AFTER AN 8 POINT NON SURGICAL FACELIFT THE COMPLIMENTS ARE COMING THICK AND FAST. LA DI DA MEETS HER TO FIND OUT MORE...



As Beverley Airey steps through the door of our photography studio looking stunning in a royal blue dress, it's hard to believe that her looks had once made her so unhappy that she avoided looking in the mirror.

Beverley has recently had the 8 point non surgical facelift at Queensway Skin Clinic and as she sits in the make up artist's chair, devoid of any make up, she looks at least 15 years younger than her 57 years.

"I have lost over two stone in the last few years due to cutting out food that didn't agree with me and I felt a lot better for it. I had more energy and felt really good," she explains. "But people kept telling me that I 'looked tired'. At first I shrugged it off but the comments kept coming.

"I started to feel really down about it and lost a bit of my confidence. The final straw was on holiday. I had a tan and felt really relaxed and refreshed and I bumped into someone I hadn't seen for a few years and one of the first things she said to me was, 'Are you okay, you look

tired?,' and it just really got to me. I thought if I'm tanned and relaxed and people are saying this to me it must be true."

After trying lots of different face creams and make up with no success, Beverley resigned herself to not liking her own reflection in the mirror.

"I didn't want surgery and I just told myself that this was it now, this was something that happened with age, but I did feel quite down about it but I didn't want to put the weight back on. I was healthier and felt better in my own skin"

A trip to her dentist Queensway Dental Clinic changed everything.

"I was sitting in the dentist and I saw a video on Queensway's Skin Clinic and the results were amazing so I made an appointment with Dr Uzma Olbrich just to see if they could do anything. Dr Uzma was so

lovely and did a thorough consultation, looking at my skin and bone structure, before recommending the 8 Point Lift. She explained every step to me, what would happen, what it would feel like, what to expect. There was no hard sell, just lots of advice and support. It felt like being treated like a friend, she was so gentle and reassuring."

The 8-point lift is a technique using dermal

fillers to create a more lifted, naturally youthful look. As we age, the essential structure of our face changes. The creeping years, gravity, sun, lifestyle and smoking all contribute to lines and volume loss. Volume loss tends to occur in the mid-face around the cheek-bones and eye areas leading to descent of tissue and increasing lines around the nose to mouth, chin and jowl areas. The 8-point lift enhances the face's natural features, smoothes and tightens the skin, and re-contours the shape of the face using advanced non-surgical techniques.

Beverley is delighted with the results. "I feel like me again. I get compliments all of the time about how good I am looking. No one can quite put their finger on what is different. They think it's a new lipstick or hair style. I loved how discreet this treatment is because I didn't want anyone to know that I had had it done.

"But now I have so much more confidence that I've decided to come out and tell the world because I remember how hopeless and unhappy I felt. I didn't know what to do or where I could turn, I just knew I didn't feel like me anymore. I hope that if someone is reading this who feels the same it will help. It's not about vanity; it's about self esteem and your own personal happiness."

• www.queenswayskinclinic.co.uk

